

Lakeland Care  
 PROTOCOL ORDERS  
***Osteoporosis (DEXA Screening) Protocol***

<b>Diagnosis/Chief Complaint</b>	
<u>Eligible populations:</u> Adults Ages 50-65 plus Patients at risk for osteoporosis Patients requiring therapy to reduce high risk of non-traumatic fractures	
<b>Lab Evaluations/Results</b>	
<b>Diagnostic Evaluation/Results</b>	
Perform bone mineral density (BMD) testing using DEXA for: <ul style="list-style-type: none"> <li>- White women <math>\geq</math> 65 years regardless of risk factors</li> <li>- Men/women with fracture risk (10-year probability of fracture using FRAX of 9.3%)</li> <li>- On corticosteroids</li> <li>- Transplant</li> </ul>	
<b>Plan of Care</b>	
<p><b><i>SPECIAL ATTENTION:</i></b>          Calculate FRAX (<a href="http://www.shef.ac.uk/FRAX/index.aspx">http://www.shef.ac.uk/FRAX/index.aspx</a>) to assess future fracture risk and to identify patients for BMD testing. Record result.</p> <p><b><i>Note: Order a DEXA scan on women 67 or older who have had a fracture within 6 months of the event, if not performed earlier or on bisphosphonate therapy. Excludes fingers, toes, face or skull fractures.</i></b>          Consider oral bisphosphonate therapy. A drug holiday may be considered after 3-5 years.</p>	
<b>Additional Care</b>	
<b>Approval/Signatures</b>	
<b><i>Physician Section Leader:</i></b>	<b><i>Date:</i></b>
<b><i>Medical Director:</i></b>	<b><i>Date:</i></b>

**DISTRIBUTION**

This protocol must be distributed to all Lakeland Medical Practices personnel and providers. All recipients of this protocol must acknowledge their receipt and understanding of the protocol by referring any questions or problems with the protocol within ten days of the issue date to their immediate supervisor. If no questions or problems are communicated, it will be assumed that the protocol has been read and understood. All questions regarding this protocol its implementation may be referred to the Medical Director of Practice Name.

Original Date: 3-25-15  
 Reviewed Dates: 3-23-16  
 Revised Dates: 3-23-17