

Lakeland Care
PROTOCOL ORDERS
Diabetes Care Protocols

Diagnosis/Chief Complaint	
Patients 18 -75 years of age with Type 1 or Type 2 diabetes	
Lab Evaluations/Results	
HgbA1C every 3 mos. if > 8 and every 6 months if < 8 (recommended goal) Urine Microalbumin and Serum creatinine annually Lipid profile, preferably fasting, annually	
Diagnostic Evaluation/Results	
Blood Pressure checked at every visit with target goal of $\leq 130/80$ if tolerated, otherwise $\leq 140/90$ Eye exam with initial diagnosis, then every 1-2 years based on presence of disease. Scan results of eye exam to dummy order to fulfill health maintenance. Foot exam at least 1 time per 12 months (visual, monofilament and pulses)	
Plan of Care	
<p style="color: red; margin: 0;">SPECIAL ATTENTION: Minimum of at least 2 office visits per 12 months for those with A1c less than 7 or every 3 months if greater than 9.</p> <ol style="list-style-type: none"> 1. Assess patient’s chief complaint at time of rooming patient along with height, weight, BMI and smoking status. Provide counseling and possible smoking cessation medications if not contraindicated. 2. Regardless of the chief complaint, if patient has diabetes –may place orders for the above tests if not completed within the above guidelines. 3. Place orders using the “per protocol” order mode. 4. Screen for depression on annual basis using PHQ 2/9 and documented within flowsheet. 	
Additional Care	
Approval/Signatures	
Physician Section Leader:	Date:
Medical Director:	Date:

DISTRIBUTION

All recipients of this protocol must acknowledge their receipt and understanding of the protocol by referring any questions or problems with the protocol within ten days of the issue date to their immediate supervisor. If no questions or problems are communicated, it will be assumed that the protocol has been read and understood. All questions regarding this protocol its implementation may be referred to the Medical Director of **Practice Name**.

Original Date: 10-7-14

Reviewed Dates: 6-23-15, 3-23-16, 1-9-2019

Revised Dates: 1-9-2019