Lakeland Care

Well Child Preventative Care Protocols Ages 2 – 21 Years

Diagnosis/Chief Complaint

Patients ages 2 – 21 years of age are recommended to have an annual Wellness Visit.

Lab Evaluations/Results

Cholesterol screening between ages 9 and 11. Repeat between 18 – 21 years of age.

Urine chlamydia screening \geq 11 years, or annually if sexually active.

HIV screening \geq 15 years, younger if at increased risk.

Diagnostic Evaluation/Results

Plan of Care

SPECIAL ATTENTION: Recommend that the use of sports physicals alone be combined with Wellness Visits that ensure immunizations, screening tests and psychosocial/developmental assessments are completed on an annual basis.

Immunizations based upon CDC & MCIR guidelines.

Assess for tobacco use or exposure to second hand smoke, alcohol use and drug abuse, along with behavioral/emotional issues during wellness exams.

Developmental Screening performed between 24–30 months

Depression Screening – age ≥ 11 years or as indicated

Record blood pressure, height, weight and BMI annually with appropriate counseling if indicated.

Additional Care

Assist with transition of care from pediatrician to primary care provider.

Approval/Signatures

Physician Section Leader:	Date:
Medical Director:	Date:

DISTRIBUTION

All recipients of this protocol must acknowledge their receipt and understanding of the protocol by referring any questions or problems with the protocol within ten days of the issue date to their immediate supervisor. If no questions or problems are communicated, it will be assumed that the protocol has been read and understood. All questions regarding this protocol its implementation may be referred to the Medical Director of practice name

Original Date: 3-25-15 Reviewed Dates: 4-28-16 Revised Dates: 6-28-18